

Enjoy Traveling

— *The Lazy Way!*

By **Bridget Fonger**

I write this article on American Airlines Flight #2270, while enjoying the most carefree day of travel. I am on my way to Chicago for three days, and I am in travel bliss. Why? Because I followed my own Lazy Woman Tips for travel.

1. Carry-ons

Cut out all the misery of dealing with baggage and carry it on. This requires packing smart...

2. Pack Smart

Give yourself a maximum of two colors. Bring accent colors in jewelry, maybe a pair of shoes or lightweight accents. Roll your clothes with tissue to maximize space and keep them wrinkle-free.

3. Check in Online the Day Before

While check-in kiosks are fast and easy these days, you can also walk straight from parking to the gate with a boarding pass in hand if you check in online. You also get to see any snags in your travel that you might not have noticed. In my case, somehow my seat selection didn't stick. I remedied it with no problem!

4. Airport Parking

While we San Gabrielenos would prefer to fly from Burbank, sometimes we need to fly out of the dreaded LAX. If you do, use Park One/Park n' Fly, which is literally yards away from Terminal 1 (walking distance to US Airways and

Southwestern). Make your reservations online before you go and get great deals: ParkOne.com. I prepaid for three days of parking at \$8/day, and I get to jet through the parking exit when I return! Their shuttles are also fast and impeccably timed.

5. Drink Tons of Water

Yes, you have to visit the bathroom more, but your skin, digestion and mood will thank you. Avoid jet-lag: drink on your way to the airport, get water in the terminal, order it on the plane: drink, drink, drink! If you drink alcohol, drink even more water to offset its dehydrating effects.

6. Fly Earlier

Early flights are less likely to be delayed. Even today, with a change in type/size of plane at the last minute, we still left exactly on time!

Happy "lazy" trails to you!

Bridget Fonger is co-author of "The Lazy Woman's Guide to Just About Everything" and a freelance writer and producer living in Sierra Madre. Visit her website at LazyWoman.com. Send questions you would like to have this Lazy Woman answer in this column to Bridget@LazyWoman.com.